

中國尋幽探秘

7天內蒙古—草原、沙漠、民族風情、平遙古城

包頭/响沙灣/鄂尔多斯/呼和浩特/希拉穆仁(OIB)



【行程特色】

- 一夜住宿蒙古包。
- 兩程內陸飛機來回北京/內蒙古，避免車舟勞頓。
- 暢游詩人筆下“天蒼蒼、野茫茫”的內蒙古草原，體驗塞外民族風情，觀看賽馬，摔跤表演，訪問牧民家庭，拜祭敖包參加篝火晚會。
- 獨家安排穿著蒙古民族服裝拍照留念。（自備相機）
- 品嚐內蒙古風味：蒙古姑娘民歌美酒相敬，草原風味手扒羊肉。
- 庫布其沙漠騎駱駝。
- 風味名菜：黃河鯉魚、手扒肉、小肥羊藥膳火鍋、莜面宴。

【希拉穆仁】

- **希拉穆仁草原**：蒙古語為“黃色的河”，它南迎呼和浩特的暖風，北聆百靈廟的鈴聲，因清王朝賜名的“普會寺”喇嘛寺屹立河畔，又名召河。草原的夏秋，香花遍野，芳草依依，迷人的美景使人心曠神怡。羊、馬、牛、駝，一羣羣，一片片，或疾馳，或漫遊，象彩霞在天際飄動，也像仙女撒下的珍珠、瑪瑙，落在銀鏈般的希拉穆仁河兩岸。在牧民的蒙古包里，好客的蒙古族主人將會捧出鮮潔的奶食，肥美的羊肉，爽口的炒米，醇香的奶茶待客。
- **草原活動**：騎馬、乘駝、射箭、射擊；參觀蒙古式摔跤，登敖包山，到牧民家作客，品嚐民族風味的奶食和奶茶、吃手扒肉、喝馬奶酒等。（視節目安排而定）。
- **蒙古包**，草原牧民的白色圓形居室，漢代謂之“穹廬”或“毡帳”，是蒙古民族特有的傳統民居，是歷史上“逐水草而居”的游牧生產生活方式的產物。蒙古包呈圓形尖頂，包身用若干個稱作“哈那”的木條圍成，通常用羊毛毡一層或二層覆蓋，樣似草原上洒落的蓮花。



【呼和浩特】

- **大召寺**：位於呼和浩特舊城南。1580年建成，是呼和浩特最早興建的寺院。由於召中供奉銀制釋迦牟尼像，所以當時也稱銀佛寺。
- **昭君墓**：位於呼和浩特市南9公里的大黑河南岸沖積平原上。遠望陵墓呈青黛色，唐朝詩人杜甫到此遊覽時。據說每年“涼秋九月，塞外草衰”的時候，唯有昭君墓上草色青青，因此，歷代相傳稱為“青冢”。
- **五塔寺**：位於呼和浩特市舊城東南部，原名金剛座舍利寶塔。塔始建於清雍正年間，高約16米，塔身均以琉璃磚砌成，塔身下層是用三種文字刻寫的金剛經經文，上層則為數以千計的鑲金小佛。

【包頭】

- **包頭**，蒙古語為“包克圖”，意為“有鹿的地方”。
- **五當召**：原名巴達格爾召（藏名）。清隆皇帝賜名為“廣覺寺”。因召前峽谷名武當溝，故通稱武當召。始建公元1749年，是一座政教合一的喇嘛教（黃教派）寺廟。
- **响沙灣**：在包頭南，一年四季只要天氣晴朗乾燥從沙頂下滑便會產生“嗡嗡”似直升飛機馬達的轟鳴聲。若用雙手刨沙，還會發生如同青蛙“哇哇”的叫聲，獨特奇妙。
- **庫布其沙漠**：這是中國第六大沙漠。庫布其，是鄂尔多斯北部一個大沙漠的名字，其蒙古語意為“弓上之鉞”。弓就是三面環繞鄂尔多斯彎彎曲曲的黃河，鉞就是這條金色的庫布其沙帶。沙帶漫漫，紀錄著鄂尔多斯高原漫長的歷史；沙浪濤濤，傳誦著庫布其沙漠的神奇。

【鄂尔多斯】

- **成吉思汗陵**：坐落在內蒙古鄂尔多斯草原中部的伊金霍洛旗甘德利草原上，陵中央高2.6米，平面八角形，門向南開，朱門白壁，上出重檐，藍色琉璃瓦，祥雲圖案渾厚典雅。大殿正中成吉思汗坐像高五米，頂盔披甲，英武威嚴，兩側彩繪壁畫歌頌成吉思汗的丰功偉績。

【行程】

第1天吉隆坡/北京/包頭(晚)

- 乘搭國際航班前往北京，再轉機飛向內蒙古包頭。
- 抵達後，遊內蒙古地區最大最完整的純藏式喇嘛寺廟，五當召。

第2天包頭响沙灣/鄂尔多斯(早/午/晚)

- 早餐後，參觀响沙灣，庫布其沙漠，欣賞沙漠風光，遊客可以騎駱駝漫步在沙山。
- 乘車往鄂尔多斯，車程1個半小時。
- 參觀成吉思汗陵，欣賞成吉思汗的丰功偉績。

第3天鄂尔多斯/呼和浩特(早/午/晚)

- 早餐後，乘車前往呼和浩特，車程3個半小時。
- 遊覽五塔寺、大召寺、昭君墓。

第4天呼和浩特/希拉穆仁(早/午/晚)

- 早餐後，乘車前往大草原，車程1小時。
- 欣賞蒙古族最高禮儀一下馬酒。
- 午餐後，參觀賽馬，摔跤表演，訪問蒙古家庭，品嚐蒙古奶食品—奶茶。
- 品嚐香手扒肉，欣賞馬頭琴演奏和蒙古舞蹈，參加篝火晚會，住宿在富有民族特色蒙古包內。

第5天希拉穆仁/呼和浩特(早/午/晚)

- 早餐後，乘車返回呼和浩特，車程1小時。
- 午餐後，參觀內蒙古博物館和蒙亮民族用品廠。
- 晚餐後，欣賞呼和浩特夜景—伊斯蘭風情一條街。

第6天呼和浩特/北京(早/午/晚)

- 早餐後，乘內陸航班飛返北京。
- 遊覽中國最大廟宇建築—天壇。
- 參觀中國現存最大的皇宮—紫禁城。
- 晚餐後，欣賞鳥巢、水立方（遠觀）。

第7天北京/吉隆坡(早)

- 自由活動。
- 送往機場，返回家園。

膳食	住宿
早餐 6份	包頭 1天
午餐 5份	呼和浩特 2天
晚餐 6份	鄂尔多斯 1天
	希拉穆仁 1天
	北京 1天

最後截稿：2010年03月01日

有效日期：2010年04月01日至10月30日

實際行程路線的順序可能配合當地情況作適當的調整。

7D INNER MONGOLIA DELIGHTS

Baotou/Resonant Sand Gorge/Erdos/Hohhot/Xilamuren (OIB)

TOUR HIGHLIGHTS

- One night stay at the **Mongolian Yurt** (twin-sharing yurt).
- **Two ways domestic flight**, Beijing to Hohhot, Baotou to Beijing.
- Experience life at **Mongolian Xilamuren Grassland**, watch wrestling and horse racing performance, visit local farmer home by ox cart, join the campfire parties and enjoy the Mongolian singing and dancing.
- Exclusive **photography session** with Mongolian costume. (Customers' own camera)
- **Special Mongolian Cuisine**: Mongolian Girl Presenting Wine + Cultural Show, Mongolian Milk Tea, Finger Mutton.
- **Camel Ride at Kubuqi Desert Special Meal Features**: Yellow River Carp, Mongolian Finger Mutton, Mongolian Hot Pot, You Surface Feast.

XILAMUREN

- **Xilamuren grassland**, which means 'yellow water' in Mongolian, is also known as Taihe after Puhui Temple, a Lama temple built in 1769 in the Qing Dynasty (1644-1911). The best time to visit the grassland is in summer and autumn. At this time of year, the pleasant climate, the blue sky and white clouds, the rolling grass, the wandering flocks and herds, the passionate herdsmen and their Mongolian food will undoubtedly leave you with a deep impression.
- **Activities**: Tourists can participate in horse and camel riding; enjoy Mongolian singing and dancing performances, wrestling competitions, and the campfire parties.
- **Yurt Stay**: Mongolian yurts or tents are made of compressed sheep's wool with no windows. Visitors take trips in the beautiful sparsely settled grasslands in these charming yet smelly yurts. Live like Mongolian's nomadic ancestors and be closer to nature than you can imagine -- you basically sleep on the ground. (**Reliance groups are specially arranged for twin-sharing yurt. Normal groups are on multi-sharing basis.**)



HOHHOT

- **Dazhao Temple** was found in the 16th century. It has a rare silver Buddha and many musical instruments.
- **Zhaojun's Tomb** is located 9 km south of the Big Black River on the south bank of the alluvial plain. It has a rare silver Buddha and many musical instruments. There is a mound Ben Zhu, in the vast plain, seemed extraordinarily towering majestic.
- **Five Pagoda Temple** also called Jingangzuo Dagoba, used to be one building of the Cideng Temple. Built of stone and bricks, the temple is 16 meters high and is composed of three parts: the base, the seat and the top (five pagodas). In the lower seat there are exquisite inscriptions of Diamond Sutra written in Mongolian, Tibetan and Sanskrit. The upper part of the base is a niche for a statue of Buddha and four Devarajas.

BAOTOU

- **Wudang Zhao Monastery** rests on a hill slope. Built during the reign of Emperor Kangxi in the Qing dynasty, the monastery is the only intact Tibetan Buddhist monastery in Inner Mongolia now it belongs to the Yellow Sect (Gelugpa).
- **Resonant Sand Gorge** has a dune rising up to 90 meters high with a slope of about 45°C. When people climb to its summit and slide down, they will hear a rumbling sound just like that of a car or a train.
- **The Kubuqi desert** is one of China's eight largest deserts. Its rainfall reaches no more than around 250mm. Strong wind and spreading sand along with sparse vegetation make it an incurable cancer of the earth.

Erdos

- **Genghis Khan Mausoleum**, the main hall 26 meters high, the plane octagon, the gate approaches Nankai, the vermilion gate white wall, on double-eaved roof, blue color glazed tile, auspicious cloud design vigorous elegant.Center the main hall the Genghis Khan picture or statue of somebody sitting height five meters, go against the helmet to wear armor, martial-looking dignified.

Itinerary

Day 01 Depart for KUL/Beijing/ Baotou (D)

- Fly to Baotou, transit at Beijing.
- Visit **Wudang Zhao Monastery**.

Day 02 Baotou/Resonant Sand Gorge/Erdos (B/L/D)

- Visit **Kubuqi desert** after breakfast and experience camel ride & sand slide.
- Drive to Erdos.
- Visit **Genghis Khan Mausoleum**.

Day 03 Erdos/Hohhot (B/L/D)

- Drive to Hohhot after breakfast.
- Visit **Five Pagoda Temple, Dazhao Temple and Zhaojun's Tomb**.

Day 04 Hohhot/Xilamuren (B/L/D)

- Drive to **Xilamuren grassland** after breakfast.
- Taste of Mongolian Finger Mutton.
- Watch wrestling, horse racing performance, and sacrifice to Aobaomountain after lunch.
- Visit Mongolia herdsman's family, and taste their dairy flavor
- Experience bonfire parties with Mongolian singing & dancing performance.

Day 05 Xilamuren/Hohhot (B/L/D)

- Return to Hohhot after breakfast.
- Visit **Inner Mongolian museum and Mongolian Bright Nationality Thing Factory** in the afternoon.
- Enjoy **Hohhot night scene** - Islam character and style street after dinner.

Day 06 Hohhot/Beijing (B/L/D)

- Fly to Beijing in the morning.
- Visit the Chinese biggest temple construction - **Temple of Heaven and Forbidden City**.
- Visit Olympic Stadium after dinner.

Day 07 Beijing/KUL (B)

- Free and easy in Beijing.

Transfer and depart for home.

Night (s) Stay		Meals Included
Baotou	1	6 Breakfasts
Hohhot	2	5 Lunches
Erdos	1	6 Dinners
Xilamuren	1	
Beijing	1	

Last Update: 01 Mar 2010
Validity: 01 Apr 2010 – 30 Sep 2010

DEPARTURE:				AIRLINE USED:	
	ADULT twin/triple	CHILD twin	CHILD extra bed	CHILD no bed	SINGLE Supplement
TOURFARE					
ALL TAXES					
TIPPINGS					

Note: Airport taxes & Fuel Surcharges subject to change.